

RECENT ADVANCES IN THE EVALUATION AND TREATMENT OF THE KNEE



Featuring

Kevin E. Wilk DPT, PT, FAPTA

Saturday and Sunday
October 19 - 20, 2019

Professional Athletic Performance Center
645 Stewart Avenue, Garden City, NY 11530

This evidence based course is designed to present to the clinician the most recent and state of the art information in the treatment of patient injuries/dysfunctions of the knee joint. I have taken the comments & suggestions from course participants over the past 5 years and updated the information and have put together this outstanding course. This course will discuss the most current evidence based treatment approaches to various knee pathologies & surgeries. Through lecture presentations, videos of rehabilitation techniques and surgeries, demonstrations, hands-on laboratory sessions, open discussions and problem solving of patient case studies; the attendee will have an opportunity to master new and effective evaluation and treatment techniques and strategies. Course participants will have the opportunity to learn from lecture and through open discussion of case studies.

Who should attend?

Physical Therapists, Physical Therapy Assistants, Athletic Trainers

576 Broadhollow Rd.
Melville, NY 11747



Postage
Indicia



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www.professionalseminars.com

COURSE INFO

AGENDA - Saturday

7:30 AM - 8:00 AM	REGISTRATION/CHECK-IN
8:00 AM – 8:30 AM	What's New in Surgery & Rehabilitation of the Knee Patient in 2019
8:30 AM - 9:00 AM	Mechanisms of Knee Injuries (video presentation)
9:00 AM – 10:15 AM	Why Females Tear Their ACL More Frequently
10:15 AM – 10:30 AM	BREAK (15 MIN)
10:30 AM – 11:15 AM	Do ACL Prevention Programs Work
11:15 AM – 12:15 PM	ACL surgery (graft choice, concomitant surgeries, repair, reconstruction, Bridge procedure)
12:15 PM – 1:15 PM	LUNCH (60 MIN)
1:15 PM – 2:00 PM	ACL Surgery videos (Patellar Graft, Hamstring Graft, Quad Tendon & Double Bundle)
2:00 PM – 3:00 PM	ACL Rehabilitation: What's New & What's True
3:00 PM – 3:15 PM	BREAK (15 MIN)
3:15 PM – 4:15 PM	Top 10 Concepts in ACL Rehab
4:15 PM – 5:00 PM	<ul style="list-style-type: none">Immediate Post-Op Rehab (Proprioception & Strengthening)
5:00 PM – 5:30 PM	Return to Play Criteria Testing
	Rehab of the Multiple Ligament Knee Patient

AGENDA - Sunday

7:30 AM - 8:00 AM	CHECK-IN
8:00 AM – 8:45 AM	Patellofemoral Rehab
8:45 AM – 9:45 AM	Clinical Examination (Lab) What tests are best
9:45 AM – 10:00 AM	BREAK (15 MIN)
10:00 AM – 10:45 AM	Surgery Videos of Articular Cartilage Procedures
10:45 AM – 11:30 AM	Rehab Following Articular Cartilage Procedures (microfracture, OATS, ACL, MACI, DNOVO, others)
11:30 AM – 12:30 PM	LUNCH (60 MIN)
12:30 PM – 1:15 PM	Advanced Training & Conditioning Concepts for the Athletic Knee Patient
1:15 PM – 1:45 PM	Blood Flow Restriction: Theory, Application, Evidence & My
1:45 PM – 2:45 PM	Key Rehab Concepts for the Osteoarthritic knee patient (non-Op Rx)
2:45 PM – 3:30 PM	Rehabilitation Following Total Knee Replacement Surgery

Disclaimer: Any opinions, findings, recommendations or conclusions expressed by the speaker(s) do not necessarily reflect the views of Professional Seminars. Professional Seminars reserves the right to substitute a qualified instructor due to unforeseen circumstances. Registrants will not receive a certificate until payment has been received and the course has been successfully completed. If payment is not received ten (10) days prior to the seminar, the course certificate may not be present at the seminar. If a payment is returned for insufficient funds, a processing fee will be charged as allowed by law.

Cancellation & Refund Policies: Cancellations received at least five (5) business days before the event are refundable, less a \$50.00 administrative charge per registrant. There will be no refund for cancellations received later. Please note if you register and do not attend, you are still responsible for full payment. The expense of continuing education, when taken to maintain and improve professional skills, may be tax deductible. Please contact your accountant for complete details.

MORE INFORMATION

Info@professionalseminars.com | 631 359 2450

PRESENTER BIO



Dr. Kevin E. Wilk DPT, PT, FAPTA, Dr. Kevin Wilk has lead a distinguished career as a clinical physical therapist for the past 31 years, as a leading authority in rehabilitation of sports injuries and orthopaedic lesions. He has been significant contributions to laboratory research, biomechanical research and clinical outcome studies.

Kevin Wilk has been a physical therapist, researcher and educator for over 30 years. Kevin is currently Associate Clinical Director for Champion Sports Medicine (a Physiotherapy Facility) in Birmingham, AL. In addition, he is the Director of Rehabilitative Research at the American Sports Medicine Institute in Birmingham and is Adjunct Assistant Professor in the Physical Therapy Program at Marquette University in Milwaukee, WI. Kevin is also the Rehabilitation Consultant for the Tampa Bay Rays' Baseball Team, and has worked with the Rays for 16 years. Kevin has worked with professional baseball for 26 years, and with the Rays since the organization started. Dr Wilk received his physical therapy from Northwestern University Medical School in Chicago, IL, and his DPT from Massachusetts General Hospital Institute of HealthCare Professions in Boston, MA.

Dr. Wilk has published over 165 journal articles, over 105 book chapters and has lectured at over 750 professional and scientific meetings. Kevin is on the review boards of 9 journals. Dr Wilk has received numerous professional awards. In 2012, was inducted into the Sports Section Blackburn Hall of Fame. Later that same year he was awarded the APTA Catherine Worthingham Fellowship – the highest honor given to an APTA member. Kevin stated he was humbled & tremendously honored to receive these two prestigious recognitions. In 2004, Kevin received the prestigious Ron Peyton Award for career achievement from the Sports Physical Therapy Section of the APTA. He has received the James Andrews Award for achievement in the area of Baseball science. Kevin was an Honored Professor at several Universities and has given Grand Rounds at numerous medical facilities and has lectured internationally.

Kevin has served as President of the Sports Section of the APTA from 6/2007 till 6/2010, and has served as Vice-President, Education Program Chairman and Editor of the Home Study Course for the Sports Physical Therapy Section of the APTA for 7 years previously and has served on numerous committees for the APTA.

REGISTRATION INFORMATION:

\$449 Standard Single Registration

\$399 Early Bird Registration (Deadline: October 10, 2019)

CEU INFORMATION:

Physical Therapists and Physical Therapist Assistants: Professional Seminars Ltd. is recognized as an approved provider of Physical Therapist and Physical Therapist Assistant continuing education by the New York State Education Department's State Board for Physical Therapy. Full attendance at this Seminar qualifies for **15.9** contact hours in NY (**13.25** in NJ pending approval).

Athletic Trainers:

Professional Seminars Ltd. is approved by the Board of Certification, Inc. to offer continuing education to Certified Athletic Trainers. This program is eligible for a maximum of **13.25** units of Category A hours/CEUs.



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